

FOR IMMEDIATE RELEASE

It's a Family Affair

Elite Wellness launches a new family friendly wellness program

Elite Family

Elite Wellness, the famed private wellness management company is pleased to announce the launch of a new program. The Elite Family program is geared toward complete family health. In the face of a national challenge to stop child hood obesity, Elite Wellness is talking a proactive approach to a growing national problem. Our programs make implementing healthy techniques easier for the both parent and child.

“Elite Family represents a growing trend in health and wellness not only transforming how people live their lives but changing the wellness industry in general.” The Elite Family program is an expansion of the ‘Elite Baby’ a program for expectant mothers. “We seen our client really enjoyed the services and wanted to continue with the services well after childbirth and ‘Elite Family’ was sprung. “ Elite Family consists of adult and children fitness services, such as children’s yoga, Fit&Fun, family nutritional consulting and house management. The experience provided by Elite Wellness integrates all aspects of health and wellness and provides life sustaining tools for both the parent and the child, while providing a high-end experience.

Elite Wellness’ Elite Family programs incorporates

- Fit&Fun an Elite Wellness program design to pique the interest in children with fun interactive moves.
- Nutritional counseling to enhance total health and wellbeing
- Adult wellness services
 - Yoga
 - Personal Fitness Consulting
 - Pilates
 - Massage Therapies
- Personal Chef and House Management (available upon request) designed to enhance the culinary interest of the whole family.

The program is designed to keep the whole family engaged in healthy lifestyles techniques, services such as mommy and me yoga help facilitated family bonding while exercising. Instilling lifestyle techniques can began at any age no child is too young to learn what healthy is.

About Elite Wellness

Recognized for revolutionizing health and wellness, Elite Wellness holds unprecedented reputation for as one of the leading lifestyle brands in the wellness industry. The company earned its mark through its elevation of wellness to create the ultimate luxury experience.

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